

FRESNO DENTAL SURGERY CENTER

2828 Fresno St. Suite 100
Fresno, Ca. 93721

559- 263-9648

Instruction for Care After Dentistry Under General Anesthesia

After returning home, the patient should rest for the first day and be carefully watched.

Getting Home: A responsible adult must accompany the patient and arrangements must be made to contact a responsible adult at the time of discharge. Adults may not drive for 24 hours after surgery. A responsible adult must be with the patient until the next day. It is required by State Law to have children under the age of four in a car seat.

• Patients can reach several ways after general anesthesia. The most common are:

- *Groggy and lethargic
- *Hysterical and Hyperactive
- *disoriented and confused
- *Angry and combative
- *Mellow and happy
- *Cranky and grouchy

Each person is different so it is almost impossible to predict beforehand how the patient will act.

Nausea and vomiting: Patients may be nauseous and/or hungry. It takes about 2-4 hours for the anesthetic drugs to leave the system. During this time, they must be supervised by a responsible adult. If they are hungry, start with water and liquids until you have determined if they feel nauseous. A solid food immediately almost guarantees nausea and vomiting.

Temperature: sometimes the patient may have a slight fever or minor pay after treatment. If so, Tylenol or Advil may be given according to the instructions on the bottle until the symptoms are gone.

Pain: Muscle aches and sorê throat may occur similar to the flu. This is nothing to be alarmed about. It is very common after general anesthesia and will normally disappear in 24 to 36 hours. Drugs such as aspirin, ibuprofen, and acetaminophen will not sedate and are acceptable if you can tolerate them.

Seek Advice: If vomiting occurs and persists beyond four (4) hours.
If the temperature remains elevated beyond twelve (12) hours.
If any other matter causes concern.

There is a dentist on call 24 hours a day. If you need assistance, please call **559 263-9648** to speak with the on-call nurse. **AFTER HOURS EMERGENCY NUMBER 1-800 504-4714**

I have read, understood, and agree to follow the above instructions.

Signed: _____ Date _____ Signed _____
parent/patient/guardian Nurse